



THE HOLY PLOT | EPISODE 1

Creation: When God Made Everything Good

Adult & Teen Reflection Guide

Genesis 1:1-2:3

A free companion for reflection, prayer, and response after watching Episode 1.

Read

Genesis 1:31-2:3 | ESV

Genesis 1:31

And God saw everything that he had made, and behold, it was very good. And there was evening and there was morning, the sixth day.

Genesis 2:1

Thus the heavens and the earth were finished, and all the host of them.

Genesis 2:2

And on the seventh day God finished his work that he had done, and he rested on the seventh day from all his work that he had done.

Genesis 2:3

So God blessed the seventh day and made it holy, because on it God rested from all his work that he had done in creation.

[Continue reading Genesis 1 on YouVersion](#)

Devotional

Pause and See What Is Good

Most of us do not know how to stop. We finish one task and immediately think about the next one. Even when our bodies slow down, our minds keep running. There is always something else to improve, fix, plan, or carry.

That is one reason the end of Genesis 1 feels so gentle and surprising. After forming a world full of light, sky, land, seas, plants, stars, creatures, and people, God pauses. He looks at the whole work and calls it very good. Then Scripture tells us that He rested.

God was not tired. His rest was not weakness. It was the holy pause of completion. He delighted in what He had made. He received it as good. He blessed the seventh day and set it apart.

We live differently. We often rush past goodness because we are preoccupied with what is unfinished. We may notice what is wrong much faster than we notice what is beautiful. We may even measure our worth by how productive we are. But Genesis reminds us that life with God is not only about making, building, and doing. It is also about receiving, noticing, thanking, and resting.

That does not mean we pretend life is perfect. The world we know now includes sorrow, strain, and brokenness. Still, this passage teaches us something important: goodness is not imaginary, and gratitude is not naive. God's gifts are real. His creation still carries traces of His wisdom, generosity, and care. When we pause long enough to notice them, our hearts become steadier and more grateful.

Devotional continued

Maybe that pause is as simple as stepping outside, noticing the sky, listening to birds, or giving thanks for daily bread, friendship, shelter, or a quiet moment. In doing so, we remember that our lives are held by the same God who once looked over creation and called it good.

*Before rushing toward what comes next, pause and receive the goodness
God has already placed around you.*

Reflect

1. What good gift in my life have I become too familiar or distracted to notice?

2. Where have I been measuring my worth by how much I accomplish?

3. What would it look like to pause and trust God with what still remains unfinished?

Pray and Respond

One Practice: Five Quiet Minutes

Once each day this week, stop for five quiet minutes. Notice one good thing God has made or provided. Thank Him for it before moving on to your next responsibility.

Guided Prayer

Father, thank You for being the good Creator of all things. Thank You for the beauty, provision, and life You have placed around me, even in a world that is not yet as it should be. Forgive me for the ways I rush past Your gifts or measure my worth by constant activity. Teach me to pause, to notice what is good, and to receive each day with gratitude. Help me trust You with what is unfinished and rest in Your care. In Jesus' name, amen.

"The Lord bless you and keep you; the Lord make his face shine upon you and be gracious to you; the Lord turn his face toward you and give you peace."

Numbers 6:24-26

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